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# DIY RING SLING

SEWING TUTORIAL

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## MATERIALS:

- 2.25 yards of linen or cotton
- 2 medium or large aluminum rings (made for slings)
- matching cotton thread
- pins or Wonder Tape
- fabric scissors
- iron
- fabric pen (or something that will wash out)

## DIRECTIONS:

1- Cut your 2.25 yards of fabric down the middle so that you have two pieces of fabric that are 2.25 yards long by about 25-30 inches wide. You will use one of the pieces of fabric to make the ring sling.

2- To make a finished edge, start with one of the long sides, and fold over a quarter inch and iron. Fold the fabric over a quarter inch one more time so that the raw edge is encased in the folds. Iron and pin. Do the same for the other long side, and then the two short sides. Pin well or use Wonder Tape (wash away tape) to keep the fabric in place.

3- Right now you are only going to sew over three sides (two long and one short). Starting at a corner, sew up one of the long sides, pivot at the corner and continue over one of the short sides; pivot again and sew down the other long side, leaving the second short side unfinished. Back stitch at the beginning and end.

4- Measure 15 inches down from the end that is not sewn. Draw a straight line all the way across the fabric.

5- Get the end that is not sewn and pull it through both rings. Make sure not to twist the fabric while pulling it through.

6- Line up the unsewn edge with the line you just made. The finished edges should face each other. Pin well or use Wonder Tape to keep the fabric in place.

7- Sew over both layers of fabric, as close to the edge as possible (1/8 inch). Back stitch at the beginning and end. Sew another line 1/4 inch above that. Back stitch at the beginning and end. Sew one more line 1/4 inch above that (for a total of 3 lines). Back stitch at the beginning and end.

And you're done! Make sure to wash out Wonder Tape before using. There are great tutorials on Youtube on how to use your sling.